



RAYS OF SONSHINE

JOIN US!

FACT SHEET

Program Description

Established in 1998, Rays of Sonshine is long-term, faith-based, DHH licensed, substance abuse recovery intensive outpatient clinic and residential treatment and permanent housing community for women, and women with children, specializing in micro case management, client centered care, soft skills & job skills training, on-site adult education & placement, individualized parenting and daytime child development care with a community outreach warehouse providing food and donated items to qualified individuals and families in their time of need.

Notes from the Founder and Director

I am so amazed and blessed to be a part of such a vibrant mission, dedicated to awakening hope, restoring lives, and re-uniting families... one step at a time.

Our six month follow-up reports over two years have confirmed lives are being restored:

- *Abstinence is at 90.9%*
- *Recidivism rate is 0% (no one re-offended by 6 month follow-up)*
- *Employment and education connection has increased 70%*
- *Stability in safe, permanent housing has increased 300%*

We appreciate our ROS client family, their family and friends, and our community partners. This miracle continues because of you!

To help you better understand our mission and its impact, the following summary of services provided, client characteristics, the top six drugs reported by clients, and changes in key outcomes measures. We also provide information about client changes regarding emotional stability and criminal justice. These measures are taken from a six month follow-up interview over two years.

Services Provided:

Services received by Clients 100% Female	
Service Type	Percent Received
Residential Housing or Permanent	100%
Micro Case Management	100%
Soft Skills Training	100%
Adult Education	100%
Physical Education	100%
Parenting Classes	100%
Nutrition Classes	100%
Access to on-site Child Care	100%
Transportation	100%
Access to on-site clothing & hygiene	100%
Access to on-site assistance in job connection and/or further education	100%

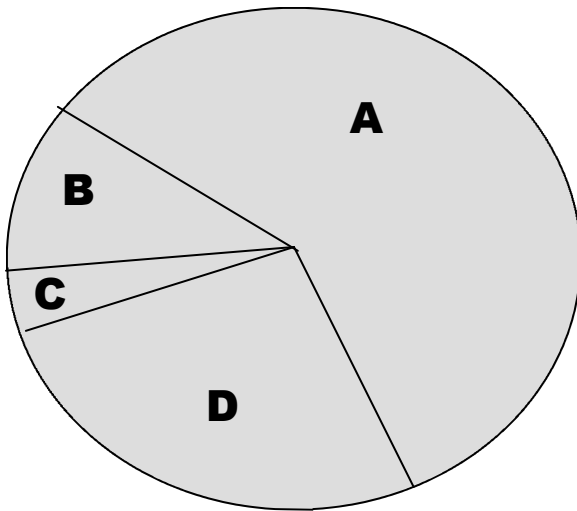
Client Characteristics at Intake

Age	
18 to 24 years old	24.7%
25 to 34 years old	41.1%
35 to 44 years old	27.4%
45 to 64 years old	6.9%



Race/Ethnicity

Percent Distribution of Clients by Race/Ethnicity



Race	Percentage
White	68.5%
African American	5.5%
American Indian	2.7%
None of the Above	23.3%

Drug use

Clients over a two year period

Top Six Drugs Clients Reported Using at Intake		
Rank	Drugs Used	Percent Reported
1	Alcohol	31.5%
2	Crack	26%
2	Marijuana	26%
3	Benzodiazepines (Valium, Xanax...)	20.5%
4	Oxycodone	17.7%
5	Methamphetamine	8.2%

Emotional Stability at Follow-up

Emotion	Percentage
Depression	81.8% Report no problem with depression
Anxiety	63.6% Report no problem with anxiety
Concentration, understanding, remembering	81.8% Report no problem with these
Violence	95.5% Report no problem with violence
Suicide Ideation	100% Report no problem with suicide ideation

At intake, over 70% of our clients suffered with one or all of the above distresses and specifically sited these experiences contributing to their using patterns. Our mission clearly shows we are assisting individuals in stabilization.

Over the past two years Rays of Sonshine is also proud of beginning PEER COUNCIL.

Peer Council has become a valuable tool to build client self-worth and personal responsibility—both of which are essential elements in ladies' long-term sobriety. Peer leadership is voted on at least quarterly and is responsible for facilitating behavior adjustments, consequences, and rewards systems.

Also over the past two years, Rays of Sonshine has begun to offer not just residential treatment, but ongoing housing possibilities such as transitional and permanent housing... with the beginnings of the building of a support neighborhood called **Sonshine Community of Hope.**

TOGETHER THE MIRACLE CONTINUES... THANK YOU!